

BEFORE YOU GAMBLE, KNOW THE RISKS

For some, gambling can lead to mental health problems and impact families.

Warning signs

There are warning signs that indicate that you or someone you know may be struggling with problem gambling. If you check any of these boxes, you can find resources to help below.

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| <input type="checkbox"/> Gambling to escape | <input type="checkbox"/> Feeling stressed |
| <input type="checkbox"/> Gambling causes problems | <input type="checkbox"/> Keeping secrets |
| <input type="checkbox"/> Gambling to relax | <input type="checkbox"/> Chasing losses |
| <input type="checkbox"/> Borrowing money | <input type="checkbox"/> Can't quit |



**Problem gambling
help is here**

Call 1-888-789-7777 or visit
responsibleplayct.org.



**KNOW THE
RISKS OF
GAMBLING**